Twinsburg Fitness Center, 10084 Ravenna Rd, Twinsburg 44087

Meet Warm-up and Start Times:

AM Session (10 & Under Girls and Boys) – warm-ups will be split by team

- The following teams will warm-up from 7:30 8:00 am
 - o BBA, HEAT, MRAY, CFYN
- All other teams will warm-up from 8:00 8:30 am
- Competition will begin at 8:35 am

PM Session (11 & Over Girls and Boys) warm-up will NOT begin before 11:30 am and will be split into 2-40 minute warm-up sessions

- The following teams will warm-up for the first 40 minutes (NOT before 11:30 am)
 - o BBA, HEAT, MRAY, CCS
- All other teams will warm-up during the second 40 minutes (NOT before 12:10 pm)
- Competition will begin 80 minutes after the start of warm-ups

General Meet Information:

- Fly over starts will be used for both sessions
- This is a deck seeded meet. Swimmers will have to check in/circle in for their events prior to the start of warm-ups. Check in sheets will on tables located on the pool deck. Events 1 & 2 will be pre-seeded.
- Deck entries will NOT be accepted.
- All events are timed finals
- Coaches will be required to show current credentials in order to be on deck. Coaches MUST present
 their registration card issued by their LSC registrar with valid dates or their USA Swimming App
 verification of their coach's education requirements. Wristbands will be issued to those who verify current
 coach membership. A screen shot of your USA Swimming app or coach membership card will be
 permitted. Coaches who cannot display their USAS app or membership card will NOT be issued a wrist
 band and will NOT be permitted on the pool deck.
- Psych sheets will be posted on meet mobile. Heat sheets will be posted on meet mobile after seeding
 prior to the start of each session. The meet will be on meet mobile barring any technical difficulties.
- Admission is included in the entry fees
- Concessions will be available

We could use a few timers for both sessions. If you are available to time, please email Sarah Tobin at bbameetentries@hb.edu