

Blazing Barracudas 2023 Fall Practice Schedule

Butler Aquatic Center, Hathaway Brown August 28 – October 21, 2023						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1	3:30 – 4:10 pm		3:30 – 4:10 pm		3:30 – 4:30 pm	
Beginner 2		3:30 – 4:30 pm		3:30 – 4:30 pm	3:30 – 4:30 pm	10:30 – 11:30 am
Age Group 1	3:30 – 4:30 pm OR 6:30 – 7:45 pm	3:30 – 4:30 pm OR 6:30 – 7:45 pm	3:30 – 4:30 pm	3:30 – 4:30 pm OR 6:30 – 7:45 pm	6:30 – 7:45 pm	9:00 – 10:30 am
Age Group 2	6:30 – 8:00 pm	6:00 – 6:30 pm DL 6:30 – 8:00 pm	6:30 – 8:00 pm	6:00 – 6:30 pm DL 6:30 – 8:00 pm		9:00 – 10:30 am
Pre-Senior	6:00 – 7:30 am OR 6:00 – 6:30 pm DL 6:30 – 8:15 pm	6:30 – 8:15 pm	6:00 – 7:30 am OR 6:00 – 6:30 pm DL 6:30 – 8:15 pm	6:30 – 8:15 pm	6:00 – 7:30 am OR 6:00 – 6:30 pm DL 6:30 – 8:15 pm	9:00 – 11:00 am
Senior	6:00 – 7:30 am – DL/Swim 4:00 – 6:30 pm	4:00 – 6:30 pm	6:00 – 7:30 am – DL/Swim 4:00 – 6:30 pm	4:00 – 6:30 pm	6:00 – 7:30 am – DL/Swim 4:00 – 6:30 pm	7:00 – 9:00 am

- Dryland will begin the week of October 16

Twinsburg Fitness Center Sept 5 – October 28, 2023 DL – indicates Dryland						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginner 1		5:00 – 5:45 pm	5:00 – 5:45 pm	5:00 – 5:45 pm		
Beginner 2		5:45 – 6:45 pm	5:45 – 6:45 pm	5:45 – 6:45 pm	5:45 – 6:45 pm	
Age Group 1	5:30 – 6:30 pm	5:30 – 6:30 pm	5:30 – 6:30 pm	5:30 – 6:30 pm	5:30 – 6:45 pm	
Age Group 2	6:30 – 8:00 pm	5:45 – 6:15 pm DL 6:30 – 8:00 pm	6:30 – 8:00 pm	5:45 – 6:15 pm DL 6:30 – 8:00 pm	4:00 – 5:30 pm	7:00 – 8:30 am
Pre-Senior/ Senior	3:30 – 5:30 pm 5:45 – 6:15 pm DL	5:30 – 7:00 am 3:30 – 5:30 pm	5:30 – 7:00 am 3:30 – 5:30 pm 5:45 – 6:15 pm DL	3:30 – 5:30 pm	3:30 – 5:30 pm 5:45 – 6:15 pm DL	7:00 – 9:00 am

- Dryland will begin the week of October 23
- No dryland on the second Wednesday or fourth Tuesday of each month